

# AUGUST 2019

Edition 3

# CareNews



Monthly  
Newsletter of  
Care in Midstream

## OUR SERVICES

Assisted Living

Comprehensive  
Person-centred Care

Dementia & Alzheimer's Care

Short Term Care

Stay a Day

## CONTACT US

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CareInMidstream

## Keeping in touch

A hearty hello to all our readers! Thank you to everybody for their feedback and input, and we look forward to continue sharing useful information in our Newsletters.

For our residents, Care in Midstream is home – not a home away from home, but their permanent home – furnished with their personal belongings, and each person can follow their unique routine. Home is also where families meet and spend quality time.

Care in Midstream is equipped to handle the physical and emotional needs of our residents, but research shows that family involvement is crucial for improving the quality of care for residents. No matter how meaningful the interactions between staff members and residents are, strong

connections between family members and long-term residents should not be underestimated. Numerous studies have been conducted around this topic, and the outcomes indicate the importance and benefit of family involvement. Where family interaction remains constant, residents are less likely to suffer depression, they have better relationships with their carers and fellow residents, and fewer family conflicts are reported. We encourage families to spend time with their loved ones..

We would love to hear from you. If you have any feedback or news that you would like to share, please contact us at [marketing@careinmidstream.co.za](mailto:marketing@careinmidstream.co.za)

*“Family is not an important thing. It's everything!”*

*– Michael J. Fox*





## SUNDAY LUNCH

Family and friends are welcome to join residents for a wholesome Sunday lunch at Care in Midstream.

The cost is R100 per person and bookings must be confirmed by 12h00 on Fridays.

Please confirm your booking at 012 940 9380, or email Siobhan at [siobhan.marnewick@gmail.com](mailto:siobhan.marnewick@gmail.com)



## Legal Question: Does a General Power of Attorney remain valid after a person has become incapacitated?

Kyle Stanley from Snyman de Jager provides some insight.

A **Power of Attorney** is defined as an instrument which is generally employed in South Africa, in which one person (the principal) confers specific or general powers to another (the agent) to exercise such powers for the benefit of the principal.

The primary purpose of the Power of Attorney in circumstances such as these is to enable a child or close relative the power to access their parents or elderly relatives funds to settle on-going expenses, sell and purchase assets, re-home their parent or relative and to administer their affairs in general where the last mentioned has become incapacitated.

The Power of Attorney has limited application in that it may be a useful instrument for anyone who is frail or indisposed or out of the country, or who do not wish to deal with the red tape of commercial life. It has, however, very little value in instances where the grantor has cognitive impediments or is later diagnosed with a cognitive impediment.

Therefore, the moment the patient exhibits actions which are in line with the loss of mental capacity, the application of the Power of Attorney can become problematic.

It would, therefore, be unlawful for the agent to act based on the Power of Attorney, more so if they are aware that the principal has lost capacity. As such, the person who continues to act in terms of the Power of Attorney may expose themselves to legal disputes and claims.

It is common cause that a principal can cancel his/her power of attorney at any time. However, what is not so commonly known is that a power of attorney will automatically terminate if and when the principal dies, becomes insolvent and his/her estate is sequestrated, becomes mentally incapacitated in a sense that they are unable to make decisions (as a result of a

stroke, coma, mental illness, Alzheimer's, general age diminishing capacity etc).

It is the last mentioned 'diminishing capacity' which catches most caregivers unawares as the entire purpose of the General Power of Attorney was to assist the parent who could no longer act for him/herself.

It is recommended that the caregiver, whoever that will be, is to consider either the appointment of a curator or the creation of a Special Trust whereby they wish to manage the affairs of an incapacitated relative or parent. **C.**



**Snyman de Jager**

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NOW is the time to be 100% sure your will is updated and ready.

Contact the specialist team at SDJ to guide you.

We will lighten the burden with the administration of your loved ones estate.

Our experience makes the difference!

Contact for appointments  
Kim de Jager (012) 663 1680  
[kim@sdj.co.za](mailto:kim@sdj.co.za)

## MIDSTREAM



Suite 007 Mt

Quarry road

Midlands Office Park

# GALLERY

As part of Care in Midstream's Mandela Day outreach, our team visited and supported Helping Hands in Doringpoort and Broederstroom. We prepared meals, and interacted with the children and the amazing people who provide love, sustenance and hope to many.



Care in Midstream has a calendar of activities that include arts and crafts. Not only do these activities keep hands nimble and hone fine motor skills, it also provides the opportunity for the residents to enjoy creativity and socialising.

